

CAMP GUIDELINES

The **Summer Leadership Camp** is aimed to teach young men to serve others. We provide challenging activities, stimulating classes, and an atmosphere of charity so that all young men are encouraged to practice the Christian virtues.

DEMEANOR

Dress Code

As a camper, you should dress well for the activities held in the chapel. Please bring enough shirts with collars and pairs of long pants (khakis) so that your attire each day during Mass and classes is presentable. There will be an opportunity after the midday meal to change into sports clothes for the afternoon.

Care of Cabins and Cabin Inspections

It is the responsibility of each camper and each team to make sure that the cabins are kept neat. Beds should be made and clothing should be properly stored. (It is enough to leave your sleeping bag neatly unrolled on top of your bed.) There should be no litter or loose items lying around. Every one should contribute to the general order of the entire cabin.

Punctuality and Snacks

Be aware of the daily schedule. Get in the habit, right from the start, of being punctual. All food and snacks will be provided by the kitchen staff and for this reason you do not need to bring food to camp.

ACADEMICS

Attitude

Be ready to meet the different challenges in basic skills that each class presents. Pay attention. A week of instruction will not produce immediate results but the effort put into the classes will be to your benefit.

Counseling

Each day you will receive a talk by one of the counselors on personal improvement. Listen to the suggestions offered and consider how you can put them into practice. Meet with your counselor to discuss ways for you to improve. Ask yourself "How can I do my best in school, at home, and with my friends?" Try to leave camp with resolutions to do better.

Structures & Campgrounds

We are guests at the campgrounds and we should take care of the property (including cabins, buildings, and all other material items) as if they were our own.

SPORTS

Attitude

We are here to learn good sportsmanship, not just to win. Your team will depend on your interested involvement. Bad-mouthing is destructive and, therefore, will not be allowed. Always encourage your teammates to do their best.

Water Safety

Campers may be in the lake and pool areas only during the established swimming times and only when counselors are present. A counselor must accompany you whenever you use a boat.

IN GENERAL

Follow your team counselors at all times. They are aware of the schedule and where events will be held. They must know where you are at all times. Do not walk away or go to another area of the camp without asking a counselor's permission first and letting him know exactly where you will be.

If you have to use the latrines at night remember to take your flashlight with you and if someone is awake, tell him where you are going. If you require medical attention, wake up one of the counselors.

In case of emergency, the phone number at the camp is (570) 836-2975. Mail items to: Camp St. Andrew, Attn: Leadership Camp, P.O. Box 679, Tunkhannock, PA 18657-0679

The Directors of the Leadership Camp reserve the right to send any camper home who is uncooperative and disruptive to the camp's overall program.

Packing List:

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| <input type="checkbox"/> 1 pair of pajamas | <input type="checkbox"/> Towels, soap, shampoo |
| <input type="checkbox"/> 7 pairs of socks | <input type="checkbox"/> Comb, suntan lotion, insect repellent |
| <input type="checkbox"/> 7 T-shirts | <input type="checkbox"/> Notebook, pen, pencil |
| <input type="checkbox"/> 7 pairs of briefs | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> collared shirts (2 or 3 long-sleeves, for Mass) | <input type="checkbox"/> Flashlight (with new batteries) |
| <input type="checkbox"/> 2 gym shorts | <input type="checkbox"/> Suggested pocket money: \$10.00 |
| <input type="checkbox"/> Swimming trunks | <input type="checkbox"/> Book(s) for reading |
| <input type="checkbox"/> Sweatshirts or light jacket | <input type="checkbox"/> Musical instrument (optional) |
| <input type="checkbox"/> Laundry bag | <input type="checkbox"/> Any clothes or articles you deem necessary |
| <input type="checkbox"/> Rain poncho | for the following sports: soccer, football, water |
| <input type="checkbox"/> Pair of long pants | polo, ultimate frisbee, kickball, basketball, |
| <input type="checkbox"/> 2 pairs of gym shoes | hockey, and baseball. |
| <input type="checkbox"/> Toothpaste and toothbrush | |

Articles Not to Bring:

(Upon Staff discretion, articles listed below subject to immediate confiscation and camper may be expelled from camp.)

- playing cards
- junk food / night snacks
- DVD or CD players / radio / cell phone / pda / other personal music players
- PSP or other video game players
- Firecrackers
- Lighters
- pocket / hunting- knife
- in-line skates